

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Tea (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Warm sausage rolls coleslaw and cucumber sticks Bannas	Rice Cake	Keema curry and rice with hidden vegetables. Fromage frais
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Crumpets with soft cheese Grapes	Carrot and Cucumber Sticks	Gammon with mash, broccoli and gravy. Banana bread
Wednesday	Selection of cereals. White toast Kiwi	Pears and apple	Homemade Soup with crusty bread Homemade Cookie	Crackers	Tuna and sweetcorn pasta bake. Melon sticks
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Carrot and swede waffles with pitta bread and hoummos. Melon	Pepper and tomato sticks	Cheese and onion pie and beans Fruit yogurt bark.
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Cheese or Ham sandwiches. Bananas	Breadsticks	One pot lasagne with penne and garlic bread. Shortbread fingers

Menu Week 2

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Beans on toast Pineapple	Rice Cake	Pork Penne pasta with grated cheese. Yogurt
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Buttered bagels Grapes	Carrot and Cucumber Stick	Chilli and brown rice Chocolate beetroot cake
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Cream cheese sandwiches and cucumber sticks. Orange	Crackers	Fish pie and peas Cookies
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Tomato pasta bake Biscuits	Pepper and tomato sticks	Lemon chicken served with rice and sweetcorn. Melon sticks
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Garlic bread topped with fresh tomato and cheese. Bananas	Breadsticks	All day breakfast Orange jelly with tangerine segments.

Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Toasted fruit loaf. Pineapple	Rice Cake	Spag bol with hidden mushrooms. Fromage Frais
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Fish finger sandwiches Grapes	Crackers	Chicken fajitas served with wraps, dips and sweetcorn Fruit yogurt bark
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Mixture of homemade pasties. Oranges	Carrot and celery sticks	Risotto of the month. Flap jacks.
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Graze board with ham, chicken, cheese, crackers, cucumber and carrot sticks. Melon	Pepper and tomato sticks	Roast chicken dinner with mash, peas and carrots. Alternate Chicken and vegetable pie. Pineapple sticks
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Pizza feast Bananas	Breadsticks	Campfire Stew Carrot cookies

Menu Week 4

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime Snack (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Chicken strips, pitta bread, dips and vegetable sticks Pineapple	Rice Cake	Salmon and broccoli pasta Rice pudding
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Spaghetti hoops with bread-and-butter Grapes	Carrot and Cucumber Sticks	Sausage, mash and peas. Fruit crumble
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Leek and potato soup with crusty bread. Oranges	Crackers	Chicken curry and rice with Naan bread Bananas and custard
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Tomato and pepper pasta. Melon	Pepper and tomato sticks	Cornish pie with mixed vegetables. Auntie B's beautiful biscuits
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	A selection of cheese on toast topped with ham and tomatoes. Bananas	Breadsticks	Blended Mixed bean chilli with rice and nachos Natural yogurt and fruit